

Buspirone

Active Ingredient

Buspirone

What is in this leaflet

This leaflet contains some information about your medication. It does not take the place of talking to your doctor or pharmacist. All medicines have risks and benefits. Your doctor has weighed the risks of you taking this medication against the positive benefits they expect it will have for you. **If you have any concerns about taking this medicine, please contact us again or speak with your doctor or pharmacist for more information.** Keep this leaflet with the medicine as you may need to read it again in the future.

What it is used for

This medication contains the active ingredient Buspirone. Buspirone is used for anxiety disorders. The mechanism of action is not fully known, but it has a high affinity for serotonin receptors and moderate affinity for brain D2-dopamine receptors. Unlike benzodiazepines, buspirone does not relax muscles or cause drowsiness in most patients.

Before you take Buspirone

When you must NOT take it:

- If you are allergic to the active ingredient
- If the medication is expired or has not been stored correctly

Let us know if you are:

- Pregnant, planning on becoming pregnant, or breastfeeding
- Suffer from any other medical conditions or take any other medications
- If you have severe liver or kidney disease
- If you have a history of convulsions, fits or seizures

How to take Buspirone

How much to take

Please take this medication as directed by your doctor or pharmacist. Refer to the directions on the product label if required. The normal starting dose is 5mg three times a day. It may increase to 15-30mg daily in

two or three doses. No more than 60mg per day should be taken in adults and 30mg per day in elderly patients.

How to take it

Swallow whole with a glass of water and take at about the same times each day. It does not matter if you take it with or without food.

If you forget to take it

If it is almost time for your next dose, skip the dose you missed and take your next dose as normal. Otherwise take it as soon as you remember (as long as it is 6 hours before the next dose is due). **Do not take two doses to make up for a dose you missed.**

If you take too much (overdose)

Immediately contact your doctor, the Poisons Information Centre (telephone 13 11 26) or go to the Accident and Emergency at the nearest hospital.

How to report side effects

If you experience any adverse experiences from this medication, you should report it via:

- Visiting www.tga.gov.au/reporting-problems
- Call Adverse Medicine Events Line on 1300 134 237

If it is an EMERGENCY call the Poisons Information Centre on 13 11 26 or call 000.

Side effects

Please let us or your doctor know as soon as possible if you do not feel well while taking this medication.

Some side effects you may experience include:

- Lightheaded or dizziness - *do not drive or operate machinery if you are affected*
- Insomnia or drowsiness
- Nervousness
- Headache
- Nausea

More serious side effects such as fast heartbeat, swelling of the throat or tongue, chest pain, incoordination need medical attention immediately. For a full list of possible side effects please contact us.

Avoid grapefruit juice as it may increase the risk of side effects with Buspirone.

Caring, Innovative,
Personally Made Medicine

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Storage

Products expire 6 months after preparation. Keep in the original packaging until you need to take your next dose.

Store your medication in a cool, dry place that is below 25°C and away from sunlight.



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