

FIRST LINE (ALTERNATIVE) TREATMENT PROTOCOL FOR H.PYLORI ERADICATION FAILURE

Directions for use: Capsules are to be taken after food with water.

DAY 1

Times	Amoxicillin 375mg	Omeprazole 40mg	Furazolidone 100mg	Rifabutin 60mg
8 am	4 Capsules	1 Capsule	1 Capsule	1 Capsule
1 pm	4 Capsules	1 Capsule	1 Capsule	0
8 pm	4 Capsules	1 Capsule	1 Capsule	1 Capsule

DAY 2

Times	Amoxicillin 375mg	Omeprazole 40mg	Furazolidone 100mg	Rifabutin 60mg
8 am	4 Capsules	1 Capsule	1 Capsule	1 Capsule
1 pm	4 Capsules	1 Capsule	1 Capsule	0
8 pm	4 Capsules	1 Capsule	1 Capsule	2 Capsules

DAY 3 TO DAY 14

Times	Amoxicillin 375mg	Omeprazole 40mg	Furazolidone 100mg	Rifabutin 120mg
8 am	4 Capsules	1 Capsule	1 Capsule	1 Capsule
1 pm	4 Capsules	1 Capsule	1 Capsule	0
8 pm	4 Capsules	1 Capsule	1 Capsule	1 Capsule

Possible Side effects

Common side effects that you may experience during this treatment are:

- Nausea
- Thrush
- Diarrhoea
- Flu-like symptoms e.g. fever, body aches and pain, hot and cold flushes and shakes
- Decrease in white blood cell count
- Change in urine colour (orange/red looking)

If you experience **any** of these symptoms or other symptoms please call your prescribing Doctor.

These medications are available from a Compounding Pharmacy

Follow-up Procedures

You will be required to return to your prescribing Doctor after completing your treatment for a follow up Urea Breath Test that will determine your *H. pylori* status.

This is to be performed **4 weeks after** the last day of your medication.

Before your breath test appointment you must ensure that you abide by the following:

- No antibiotics to be taken at least 4 weeks before the test.
- No Losec, Nexium, Somac, Pariet or Zoton to be taken at least 1 week before the test.
- No food or liquids for at least 4 hours before the test. You may take any medications with a sip of water.

NOTES

NO ALCOHOL is to be consumed during or 24 hours after treatment.

PLEASE FILL enough repeats of each prescription to cover your entire treatment period. You can show this form to the pharmacist to ensure required amount is received.

ONLY START the medication in the morning. Do not start half way through the day.

The following protocol involves taking antibiotics. If you take the Pill for contraceptive purposes please be aware that taking antibiotics can reduce the efficacy of the Pill. Other forms of contraceptive protection must be used.