

PROGESTERONE INSTRUCTIONS

Progesterone (Pro-jess-te-rone): Treats infertility by increasing the amount of progesterone your body needs during pregnancy. Also used to treat women who have stopped having periods because their bodies do not produce enough progesterone.

WHEN YOU SHOULD USE THIS MEDICINE:

You should not use this medicine if you have had an allergic reaction to progesterone, or if you have vaginal bleeding of unknown cause, liver disease, breast cancer, cancer of the uterus or genital organs, or a history of a stroke or blood clots. Do not use this medicine if you have had a miscarriage as there may still be tissue left in the uterus.

HOW TO USE AND STORE THIS MEDICINE:

Troches/Cream:

- Your doctor will tell you how much of this medicine to use and how often. Do not use more medicine or use it more often than your doctor tells you. This medicine is to be used only as instructed.
- Wash your hands with soap and water before and after using this medicine.
- This medicine comes with patient instructions. Please read and follow these instructions carefully. Ask your doctor or pharmacist if you have any questions.
- Store the medicine in the fridge, away from heat and direct light. Do not freeze.
- Keep all medicine out of the reach of children and never share your medicine with anyone.

IF YOU MISS A DOSE:

- if you miss a dose or forget to use your medicine, use it as soon as you can. If it is almost time for your next dose, wait until then to use the medicine and skip the missed dose.
- Do not use extra medicine to make up for a missed dose.

DRUGS AND FOODS TO AVOID:

- Ask your doctor or pharmacist before using any other medicine, including over-the-counter medicines, vitamins and herbal products.

WARNINGS:

- Make sure your doctor knows if you are pregnant or breastfeeding, or if you have asthma, diabetes, epilepsy, migraine headaches, heart or kidney disease or have a history of depression.
- If you have any lab tests done, be sure to tell the doctor you are using this medicine.



SIDE EFFECTS:

Call your doctor right away if you have any of these side effects:

- Allergic reaction: Itching or hives, swelling in the face or hands, swelling or tingling in the mouth or throat, tightness in chest, trouble breathing
- Lumps in your breast
- Numbness or weakness in an arm or leg
- Pain in the chest or leg (calf)
- Shortness of breath, coughing up blood
- Slurred speech or trouble speaking
- Unusual vaginal bleeding
- Vision changes, severe headache or dizziness
- Yellowing of your skin or eyes

If you have problems with these less serious side effects, tell your doctor:

- Constipation, diarrhoea
- Depressed mood, mood swings, or nervousness
- Increased appetite
- Increase urination at night
- Joint or back pain
- Mild headache
- Nausea, stomach pain, bloating
- Sleepiness or tiredness
- Swollen or tender breasts
- Vaginal discharge (white) or itching

IF YOU HAVE OTHER SIDE EFFECTS THAT YOU THINK ARE CAUSED BY THIS MEDICINE TELL YOUR DOCTOR.

