

Trittico (Trazadone) general information

What is Trittico used for?

Trittico tablets 100mg are used to treat all types of depression including depression accompanied by anxiety, to relieve symptoms of depression including anxiety, loss of interest in usual activities, disturbed sleep, change in appetite, fatigue, feelings of worthlessness or guilt, difficulty thinking or concentrating, and recurrent thoughts of suicide. Trazadone tablets 100mg are also used to treat anxiety disorders that may affect daily activities and relationships with others including, obsessive compulsive disorder (OCD), social anxiety disorder (social phobia), generalised anxiety disorder and other situations that cause anxiety, such as fear of flying and agoraphobia. Trazadone tablets 100mg are also used as a sedative to help people who suffer from sleep problems due to anxiety or agitation.

How does Trittico work?

Trittico tablets 100mg contain trazodone, an antidepressant that is chemically unrelated to known tricyclic, tetracyclic, selective serotonin reuptake inhibitor (SSRI) and other antidepressant agents. Although the mechanism by which Trittico tablets 100mg work as an antidepressant is not fully known, it does act in the brain to correct the chemical imbalance of neurotransmitters (brain chemicals nerve cells use to communicate), particularly serotonin that controls many body activities, including regulating mood. An imbalance in brain neurotransmitters like serotonin and noradrenaline, is thought to be one of the major causes of depression and other mood disorders, including anxiety. Trazodone in Trittico tablets 100mg is thought to increase serotonin and noradrenaline levels by potentiation of these neurotransmitters, which is increasing their activity; as well as having some activity as SSRI, by inhibiting the reuptake of serotonin by the nerve cells, making more serotonin available for stimulation of nerve pathways that control mood. However, it is a much weaker SSRI than other drugs in this class. Trazodone in Trittico tablets 100mg also has central antiserotonin effect, by blocking receptors for serotonin, and this action is thought to be what gives Trittico tablets 100mg their sedative and anxiety reducing properties.

What does Trittico contain?

Trittico tablets 100mg contain the active ingredient trazodone, an antidepressant drug used to treat depression and anxiety.

Treating depression with Trittico

Trittico tablets 100mg contain trazodone, an antidepressant that is used to treat all types of depression including depression accompanied by anxiety and to relieve symptoms of depression, including anxiety, loss of interest in usual activities, disturbed sleep, change in appetite, fatigue, feelings of worthlessness or guilt, difficulty thinking or concentrating, and recurrent thoughts of suicide. One of the major causes of depression is thought to be an imbalance of neurotransmitters (brain chemical that allows nerve cells to communicate) like serotonin and noradrenaline, which control many body activities, including regulating mood. Trazodone in Trittico tablets 100mg is thought to increase serotonin and noradrenaline levels by potentiation of these neurotransmitters, which is increasing their activity; as well as having some activity as a selective serotonin reuptake inhibitor (SSRI), by inhibiting the reuptake of serotonin by the nerve cells, making more serotonin available for stimulation of nerve pathways that control mood. These actions restore the balance in brain





neurotransmitters, which helps relieve symptoms of depression.

Trittico for anxiety disorders

Tradazone tablets 100mg contain trazodone, an antidepressant that is used to treat are also used treat anxiety disorders that may affect daily activities and relationships with others, including, obsessive compulsive disorder (OCD), social anxiety disorder (social phobia), generalised anxiety disorder and other situations of anxiety, such as fear of flying and agoraphobia. Tradazone tablets 100mg are also used as a sedative to help people who suffer from sleep problems due to anxiety or agitation. An imbalance in brain neurotransmitters like serotonin and noradrenaline, is thought to be one of the major causes of anxiety. Trazodone in Trittico tablets 100mg is thought to increase serotonin and noradrenaline levels by potentiation of these neurotransmitters, which is increasing their activity; as well as having some activity as selective serotonin reuptake inhibitor (SSRI), by inhibiting the reuptake of serotonin by the nerve cells, making more serotonin available for stimulation of nerve pathways that control mood. Trazodone in Trittico tablets 100mg also has central antiserotonin effect, by blocking receptors for serotonin and this action is thought to be what gives Trittico tablets 100mg their sedative and anxiety reducing properties.

What are the side effects of Trittico?

The most commonly reported side effects when taking Trittico tablets 100mg, include, dizziness, insomnia, agitation, tiredness, dry mouth, gastrointestinal disturbances (diarrhoea, nausea, vomiting, constipation), headache, feeling weak, weight loss, tremor, low blood pressure, blurred vision, and confusion

When should Trittico not be used?

You should not use Trittico if you:

- are allergic to trazodone or any ingredients in Trittico tablets 100mg
- are pregnant, plan to become pregnant or are breastfeeding
- have liver disease
- taking any monoamine oxidase inhibitor medications as these can cause serious reactions if taken with Trittico or within 14 days
- taking other medication that interacts with Trittico, including, monoamine oxidase inhibitors (MAOIs) for depression, the anticonvulsant carbamazepine, phenytoin for epilepsy, digoxin for heart failure, ritonavir for HIV, antibiotic such as ketoconazole or itraconazole

What medications interact with Trittico?

Several medications interact with Trittico and should either not be taken while you are taking Trittico or only after discussion and instruction from your doctor:

- Drugs that cause a serious reaction with Trittico: monoamine oxidase inhibitors (MAOIs) for depression;





- Drugs that affect Trittico: the anticonvulsant carbamazepine, ritonavir for HIV, antibiotic such as ketoconazole or itraconazole
- Drugs that are affected by Trittico: phenytoin for epilepsy, digoxin for heart failure

How should Trittico be taken?

You should take your Trittico tablets 100mg with a glass of water after food once a day in the evening, for several weeks or months, depending on your condition and your doctor's recommendations. Your doctor may increase your dose, depending on what you are being treated for.

How long should you take Trittico?

You should take your Trittico tablets 100mg regularly for several weeks or months, depending on your condition and your doctor's recommendations.

Missed dose of Trittico

If you miss a dose of Trittico tablets 100mg take it as soon as you remember, unless it is time to take the next dose, then skip the missed dose. Do not take a double dose.

How should Trittico be stored?

You should keep your Trittico tablets 100mg in their blister packs until use and store below 30°C in a cool dry place.

